



NEW YORK ULTRARUNNING

In Conjunction With
The Greater Long Island Running Club Broadway Ultra Society
Richmond Rockets The Taconic Road Runners Club
Presents

NYUR 3-Hour Award Race and 9th Annual Awards Lunch

To Honor the 2010 New York Ultra Running Grand Prix Award Winners

Saturday, April 2, 2011
Hendrickson Park
Merrick Road, Valley Stream
3 Hour Race Start – 11am SHARP

Cost For Race, Brunch or Both: Only \$5 if Pre-registered by March 28
\$10 Late and Post Entries
10am-10:45 am-Race Registration
Lunch Immediately Follows the Race
Race Awards to Top Finishers

For Information:

Rich Innamorato 917-620-3431 rich1239@nyc.rr.com
Bob Sherman 516-749-7001 BOBLUV2RUN@aol.com

Directions

Southern State Parkway (Westbound) to Exit 15S “Corona Avenue – Valley Steam”. After exit, make RIGHT at North Corona Avenue. Proceed for approximately 1 mile to RIGHT onto Merrick Road. Go 1 block then make RIGHT into parking lot at entrance ahead.

Southern State Parkway (Eastbound) to Exit 14 “Fletcher Ave – Valley Stream”. After exit, make RIGHT at traffic light onto road that will become Fletcher Ave. Go 0.8 mile to LEFT onto Merrick Road. Then, make immediate LEFT into parking lot.

LIRR to Valley Stream Station. Walk north (away from Sunrise Highway) on Hicks Street seven blocks to Merrick Road. Make LEFT and to parking lot entrance on north side of Merrick Road. **Call LIRR at 718-217-5477 for scheduling or call 917-620-3431.**

NYUR AWARDS RUN AND BRUNCH-April 2, 2011

\$5 Check Payable To: NEW YORK ULTRARUNNING

Mail To: BOB SHERMAN 60 Valley Road Levittown, NY 11756

_____ Race and Brunch _____ Race Only _____ Brunch Only

Name _____

Address _____

Telephone _____ Email _____