

BROADWAY ULTRA SOCIETY
presents the
BUS 6-HOUR RUN

SATURDAY, APRIL 2, 2011

Hendrickson Park

8:00 A.M. START

VALLEY STREAM, NY

Sanctioned by Long Island Track and Field with the cooperation of the Village of Valley Stream
a New York Ultra Running Grand Prix event

*****Check-In:** At Hendrickson Park Administration & Recreation Building starting at 7:00 AM.

*****Course Description:** a 1.453-mile flat loop on smooth asphalt pedestrian paths.

*****Auto Directions:** Southern State Parkway (Westbound from Long Island) to Exit 15S "Corona Avenue - Valley Stream". After exit, make RIGHT onto North Corona Avenue. Proceed for approximately one mile to RIGHT onto Merrick Road. Go one block and then make RIGHT into Hendrickson Park lot at entrance.

Southern State Parkway (Eastbound from Brooklyn, Queens, etc) to Exit 14 "Fletcher Ave - Valley Stream". After exit, make RIGHT at traffic light. Road will become Fletcher Avenue. Go about .8 mile to LEFT onto Merrick Road. Then an immediate LEFT into parking lot.

*****Parking:** There is also a parking lot adjacent to Valley Stream Central High School on Fletcher Avenue at Austin Street.

*****Transit Directions:** Long Island Railroad (LIRR) - Far Rockaway Line (718-217-5477) to "Valley Stream" Station.
LV Penn Station: 6:45 A.M. LV Atlantic Terminal-Bklyn: 6:42 A.M. (Change at Jamaica) LV Jamaica: 7:08 A.M.
ARRIVE Valley Stream: 7:22 A.M.

***Walk north (away from Sunrise Highway) on Hicks Street seven blocks to Merrick Road. Make LEFT on Merrick Road and parking lot to Hendrickson Park on opposite side of street. Take west path (left of pool) to administration building.

AID & FACILITIES: Water, Gatorade, defizzed cola, food snacks, medical supplies & restroom facilities will be provided.

AWARDS: Special Awards to Top Finishers: Award to Each Runner who completed a marathon or more.

POST RACE ACTIVITIES: A main course lunch of various Italian food provided by New York Ultra Running (NYUR) served in the Administration/Recreation Building starting at 2:00 PM.

ENTRY PROCEDURE: \$30.00 for BUS, GLIRC & Taconic RR Members & Staten Island Residents \$35.00 for non Members
\$40.00 for All post entries

*****Note:** Five Dollars of your entry will be contributed to New York Ultra Running.

SPECIAL PERK: Each starter will receive a commemorative race shirt designed by David Luljak & Barbara Christen.

*****Note:** Late entries may not be guaranteed shirt or desired size.

Send entry & check payable to: **BROADWAY ULTRA SOCIETY**
PO Box 1239
Long Island City, NY 11101

ADDITIONAL INFO: 917-620-3431
rich1239@nyc.rr.com

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I, on behalf of my heirs and administrators, waive and release the Broadway Ultra Society (BUS), New York Ultra Running (NYUR), Long Island Track and Field, United States Track and Field, the Village of Valley Stream, and their representatives and all persons associated with the event for any claims of injuries and/or death suffered by me in the said event. I attest I am physically fit to run/walk the duration of six (6) hours.

NAME: _____ **SIGNATURE:** _____

STREET ADDRESS: _____

CITY, STATE & ZIP: _____

USAT&F #: _____ **HOME PHONE #:** _____ **CELL PHONE #:** _____

DOB: _____ **AGE:** _____ **Tee SIZE:** _____ **E-MAIL:** _____

IN CASE OF EMERGENCY CONTACT: _____ **PHONE #** _____

WE RESERVE THE RIGHT TO ACCEPT OR REJECT ANY ENTRY.