

## ULTRARUNNING GRAND PRIX 2022 RULES

# THE GRAND PRIX IS BACK FOR 2022!!!

1. Any entrant into a Grand Prix event is automatically entered into the Grand Prix Championship series. There is no additional fee.
2. The following awards will be presented:
  - a. Grand Prix Champion, Second Place Overall, and Third Place Overall (Male and Female)
  - b. Age Groups-First Place (Male and Female)
    1. 39 and below
    2. 40-44
    3. 45-49
    4. 50-54
    5. 55-59
    6. 60-64
    7. 65-69
    8. 70-74
    9. 75 and over
  - c. Special Award for man and woman completing the most amount races!!!!
3. Winners of the Overall Grand Prix Championship awards do not qualify for Age Group awards.
4. Currently there are nine opportunities to earn point (see below), although with two events on the same date it is unlikely that a person could earn points in all nine. Due to unforeseen circumstances, the number of races and individual races in the series can change. The announcement of any additional races will be made with sufficient time for an individual to plan an appropriate race schedule.
  - a. GLIRC Hecksher State Park USATF National 50K (2/27/22)
  - b. Shore2Shore 50K Trail Run (4/9/22)
  - c. GLIRC Long Island Greenbelt Trail 50K (5/7/22)
  - d. BUS Bad Ass Trail Mix-up 6 Hour (6/4/22)
  - e. 35 mile race (6/11/22)
  - f. 12 hour and 24-hour race (6/11/22)
  - g. BUS Pajama Romp (7/23/22)
  - h. Tesla Hertz Races (100 miles, 100K, 50 miles, 50K, 150 miles) (10/8/22)
  - i. GLIRC Fred von der Heydt Memorial 6 Hour 60th Birthday Run (10/16/22)
5. Participants must COMPLETE a minimum of 2 races. Complete, in distance races, means to finish (run the prescribed distance) in the maximum time allowed. Complete, in timed races, means a marathon distance (26.2 miles) must be completed in 6-hour or 7-hour races, 40 miles must be completed in 12-hour races, and 50 miles must be completed in 24-hour races.
6. Although individuals may compete in all races only the number of races, as specified below, will count in the total to determine the awards. The races in which the participant earns the most number of points will be selected. It may be that different races will count in the separate calculations of the Grand Prix Overall Championship and Age Group Awards
  - a. Men-four races
  - b. Women-three races
7. For each race the order of finish of all participants will be determined (separate for men and women) and each participant will be awarded points based on the order of finish.
  - a. First Place-1000 points
  - k. Eleventh Place-425 points

- b. Second Place-800 points
  - c. Third Place-700 points
  - d. Fourth Place-650 points
  - e. Fifth Place-605 points
  - f. Sixth Place-565 points
  - g. Seventh Place-530 points
  - h. Eighth Place-500 points
  - i. Ninth Place-475 points
  - j. Tenth Place-450 points
  - l. Twelfth Place-400 points
  - m. Thirteenth Place-375 points
  - n. Fourteenth Place-350 points
  - o. Fifteenth Place-325 points
  - p. Sixteenth Place-300 points
  - q. Seventeenth Place-275 points
  - r. Eighteenth Place-250 points
  - s. Nineteenth Place-225 points
  - t. Twentieth Place and Below-200 points
8. For each race the order of finish of all participants in each age category will be determined (separate for men and women) and each participant will be awarded points based on the order of finish.
- a. First Place-100 points
  - b. Second Place-80 points
  - c. Third Place-65 points
  - d. Fourth Place-55 points
  - e. Fifth Place-50 points
  - f. Sixth Place-45 points
  - g. Seventh Place-40 points
  - h. Eighth Place-35 points
  - i. Ninth Place-30 points
  - j. Tenth Place and Below-25 points
9. The participant with the highest total will be the Grand Prix Champion, the participant with the second highest total the Second Place Overall award, and the participant with the third highest total the Third Place Overall award.
10. The participant with the highest total in each age category who has not been awarded a Grand Prix Overall award will be the Age Group Champion.
11. For purposes of the Age Group award, the age of the individual on the date of the first race in the series that the individual finishes will determine the age group award that the participant is eligible to win. Further, the participant may be competing in a different age group at any subsequent race but will be scored as if in the age category determined in this paragraph for purposes of the Age award..
12. In the event of ties, heat-to-head results between the tying individuals will be used. The number of times each individual bested the other will be determined and the winner will be the one with the higher total. If each bested the other an equal number of times then the total points earned in the common races will be calculated with the winner being the one with the most points. Should these be equal the best finish in all races will be used to determine a winner.
13. The special scoring for the National Championship 50K has been maintained. The Heckscher 50K is a USATF national championship and thus there is significant participation of runners from other parts of the country. These non-local runners, many of who are nationally ranked runners, likely will not enter any other races of the Grand Prix. Only finishers that complete one other Grand Prix event after the completion of the Tesla Hertz races will count in the scoring of this event. Scoring will be calculated as described above after deletion of placing of those that have not participated in any other Grand Prix event. Until the rescoring is done, the points earned in the Hecksher 50K will be included in the reported totals. They will appear in red and obviously will be subject to change when rescored. By rescoring after the Tesla Hertz events and before the GLIRC Six Hour Birthday Run, all participants can easily determine their current standings before the last event.
15. Should an event be added to the Grand Prix after the GLIRC Six Hour Birthday Run, the rescoring of the Hecksher 50K will be made after the GLIRC Six Hour Birthday Run.
16. The Tesla Hertz races are a series of five races run concurrently. Each are separately scored and a participant can only be entered in one of the five races. Tesla Hertz has added a 150-mile event. For those that participate in the 150-mile race, a special rule has been added that they will score in either the 100-mile race or 150-mile race that gives the better finishing position.

17. The 35-mile race and the 12/24 hour race are in different locations by different organizations. The 12 and 24 mile races are run concurrently. A Grand Prix participant can only be scored in one of the two events. The 12 hour race is being conducted in two "heats" (morning and night). The results of the two heats will be combined for the awarding of Grand Prix events.
18. Although unlikely, a participant could be entered in the 35-mile event and then participate in the second heat of the 12-hour event. That participant would be scored in each event.