

BROADWAY ULTRA SOCIETY
presents the 5th annual
PAJAMA ROMP

SATURDAY, JULY 25, 2015

Astoria Park, Queens

5:00 P.M. SHARP

6 hours

Sanctioned by United States Track & Field (USATF) and with the cooperation of the NYC Department of Parks & Recreation
a new york ultra running grand prix event

*****Check-In:** At Astoria Park Fieldhouse starting at 3:45 PM. Restroom facilities available, but please come dressed to run.

*****Course Description:** A 1.27-mile loop on macadam pedestrian paths with 2 significant rises. The loop also will provide illuminating views of the East River, NYC Skyline and the Robert F Kennedy and Hell's Gate Bridges.

*****Auto Directions:** Grand Central Parkway West to Exit # 45 "31st Street - Last Exit Before Toll". The exit is also the last one in Queens before the RFK Bridge. After exit ramp, stay to your right but keep going STRAIGHT. Go about .7 mile (you will be on Hoyt Avenue North) towards the East River. Bulk of traffic will turn left on 21st St. but stay straight for another .2 mile into Astoria Park lot.

Robert F Kennedy Bridge Eastbound to first exit in Queens "31st Street - Astoria Blvd". After exit will be immediate traffic light, turn RIGHT onto 29th Street. Go one block to RIGHT onto Astoria Blvd. Go to 4th light, turn RIGHT onto 21st Street. Proceed to go under RFK Bridge and then turn LEFT on Hoyt Avenue North. Go .2 mile into Park lot.

*****Transit Directions:** "N" Subway to Astoria Blvd Station. Walk about 1/2 mile either on Hoyt Avenue North or Hoyt Avenue South towards East River into Astoria Park.

*****Note:** Please call the MTA at 511 or 718-330-1234 to be informed about any service advisories that weekend.

AID & FACILITIES: Water, Gatorade, defizzed cola, food snacks, medical supplies & restroom facilities will be provided.

AWARDS: Special Awards to Top Finishers: Award to Each Runner who completed a marathon or more.

GRAND PRIX: New York Ultra Running (NYUR) Grand Prix points will be awarded based on place of finish and distance completed.

POST RACE ACTIVITIES: Pizza & soft drinks will be distributed near Finish Line Area. The award ceremony will be conducted there.

RACE RECORDS: Tommy Pyon - 48.34 miles (2011) and Sky Canaves - 42.11 miles (2013)

ENTRY PROCEDURE: \$60.00 for BUS Members \$70.00 for non BUS Members

Approved late entries - \$75.00

SPECIAL PERK: Each pre-entrant will receive imprinted pajama-type apparel. No PJ guarantee for late entrant.

*****Note:** All entries in general SHOULD BE RECEIVED by July 20, 2015. Late entries will be accepted ONLY if there is availability. The entry limit will be 90, which would supersede the entry deadline date. Please enter early. Thanks.

Send entry & check payable to: BROADWAY ULTRA SOCIETY
PO Box 1239
Long Island City, NY 11101

Special Note: Event application should also be available through *Ultra Signup* by May 31.

ADDITIONAL INFO: 917-620-3431
rich1239@nyc.rr.com

PAJAMA (6-HOUR) ROMP

SATURDAY, JULY 25, 2015

I, on behalf of my heirs and administrators, waive and release the Broadway Ultra Society (BUS), New York Ultra Running (NYUR), United States Track and Field (USATF), New York City Department of Parks and Recreation, the City of New York, the Borough of Queens, Ultra Signup and all their representatives and all persons associated with the event for any claims of injuries and/or death suffered by me in the said event. I attest I am physically fit to run/walk the duration of six (6) hours.

NAME: _____ **SIGNATURE:** _____

STREET ADDRESS: _____

CITY, STATE & ZIP: _____

USAT&F #: _____ **HOME PHONE #:** _____ **CELL PHONE #:** _____

DOB: _____ **AGE:** _____ **SHORTS SIZE:** _____ **E-MAIL:** _____

IN CASE OF EMERGENCY CONTACT: _____ **PHONE #** _____

****WE RESERVE THE RIGHT TO ACCEPT OR REJECT ANY ENTRY****