

BROADWAY ULTRA SOCIETY
presents the
The BUS 6-Hour Pajama Romp

SATURDAY, JULY 28, 2012

Astoria Park, Queens

5:00 P.M. SHARP

6 hours

Sanctioned by Metropolitan Athletics Congress & USATF and with the cooperation of the NYC Department of Parks & Recreation
a New York Ultra Running Grand Prix event

*****Check-In:** At Astoria Park Fieldhouse starting at 3:45 PM.

*****Course Description:** A 1.27-mile loop on macadam pedestrian paths with 2 significant rises. The loop also will provide illuminating views of the East River, NYC Skyline and the Robert F Kennedy and Hell's Gate Bridges.

*****Auto Directions:** Grand Central Parkway West to Exit # 45 "31st Street - Last Exit Before Toll". The exit is also the last one in Queens before the RFK Bridge. After exit ramp, stay to your right but keep going STRAIGHT. Go about .7 mile (you will be on Hoyt Avenue North) towards the East River. Bulk of traffic will turn left on 21st St. but stay straight for another .2 mile into Astoria Park lot.

Robert F Kennedy Bridge Eastbound to first exit in Queens "31st Street - Astoria Blvd". After exit will be immediate traffic light, turn RIGHT onto 29th Street. Go one block to RIGHT onto Astoria Blvd. Go to 4th light, turn RIGHT onto 21st Street. Proceed to go under RFK Bridge and then turn LEFT on Hoyt Avenue North. Go .2 mile into Park lot.

*****Transit Directions:** "N" Subway to Astoria Blvd Station. Walk about 1/2 mile either on Hoyt Avenue North or Hoyt Avenue South towards East River into Astoria Park.

*****Note:** *Transportation back to the subway station may be available after the event.*

RACE SCORING SPECIAL NOTE: Event is being planned to be scored by manual method. But electronic scoring is being considered. If such the case, each entrant will be required to pay an additional \$10 on event day to help pay for the electronic process.

AID & FACILITIES: Water, Gatorade, defizzed cola, food snacks, medical supplies & restroom facilities will be provided.

AWARDS: Special Awards to Top Finishers: Award to Each Runner who completed a marathon or more.

POST RACE ACTIVITIES: Pizza & soft drinks will be distributed near Finish Line Area. The award ceremony will be conducted there.

ENTRY PROCEDURE: \$40.00 for BUS Members \$50.00 for non Members
NO LATE OR POST ENTRIES!!!!!!

SPECIAL PERK: Entrants will receive plaid pajama shorts imprinted with a race logo, designed by David Luljak and Barbara Christen.

*****Note:** To gurantee "pajama short" size, please enter by July 19, 2012. All entries in general SHOULD BE RECEIVED by July 25, 2012. Parks Department may impose an entry field limit of 80, which would supersede entry deadline date. So, please enter early. Thank you.

Send entry & check payable to: **BROADWAY ULTRA SOCIETY**
PO Box 1239
Long Island City, NY 11101

ADDITIONAL INFO: 917-620-3431
rich1239@nyc.rr.com

PAJAMA (6-HOUR) ROMP

SATURDAY, JULY 28, 2012

I, on behalf of my heirs and administrators, waive and release the Broadway Ultra Society (BUS), New York Ultra Running (NYUR), Metropolitan Athletics Congress, United States Track and Field, New York City Department of Parks and Recreation, the City of New York and all their representatives and all persons associated with the event for any claims of injuries and/or death suffered by me in the said event. I attest I am physically fit to run/walk the duration of six (6) hours.

NAME: _____ **SIGNATURE:** _____

STREET ADDRESS: _____

CITY, STATE & ZIP: _____

USAT&F #: _____ **HOME PHONE #:** _____ **CELL PHONE #:** _____

DOB: _____ **AGE:** _____ **SHORTS SIZE:** _____ **E-MAIL:** _____

IN CASE OF EMERGENCY CONTACT: _____ **PHONE #** _____

WE RESERVE THE RIGHT TO ACCEPT OR REJECT ANY ENTRY.